

WREN

WYOMING RURAL ELECTRIC NEWS

MAY 2019

CENTERPIECE

BISON RETURN

[16]

CO-OP SPOTLIGHT

Fifteen is Enough

[26]



TV packages built for you.



FREE Voice Remote, and
Smart HD DVR Included

"Tune to ESPN"



Voice Remote requires internet-connected Hopper.

| 190 CHANNELS | 190+ CHANNELS | 240+ CHANNELS |
|--|--|---|
| AMERICA'S TOP 120 All-Time Favorites and Locals | AMERICA'S TOP 120 PLUS Everything Sports | AMERICA'S TOP 200 Everything Sports and Entertainment |
| Plus More! | Plus More! | Plus More! |
| 2-Year TV Price Guarantee + FREE Standard Professional Installation + FREE HD for Life® | | |
| \$59⁹⁹ /mo. | \$69⁹⁹ /mo. | \$79⁹⁹ /mo. |

All offers require credit qualification, 2-year commitment with early termination fee, and eAutoPay. Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/Sling, or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification. Fees apply for additional TVs: Hopper \$15/mo., Joey \$5/mo., Super Joey \$10/mo.



A Better TV Experience

DISH is ranked #1 in Customer Satisfaction nationally by J.D. Power and our customers.*

Call Today

You could be watching DISH tomorrow!

888-351-9396

or visit your local Authorized Retailer

*DISH Network received the highest score in the Nation in the J.D. Power 2018 U.S. Television Service Provider Satisfaction Study of customers' satisfaction with their current television provider. Visit jdpower.com/awards Offer for new and qualifying former customers only.

Important Terms and Conditions: **Qualification:** Advertised price requires credit qualification and eAutoPay. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. **Offer ends 7/10/19. 2-year commitment:** Early termination fee of \$20/mo. remaining applies if you cancel early. **Included in 2-year price guarantee at \$59.99 advertised price:** America's Top 120 programming package, local channels, HD service fees, and Hopper Duo for 1 TV. **Available with 2-year price guarantee for additional cost:** Programming package upgrades (\$69.99 for AT120+, \$79.99 for AT200, \$89.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15). **NOT included in 2-year price guarantee or advertised price (and subject to change):** Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. **Other:** All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected you will be billed \$9.99/mo. for DISH Protect Silver unless you call to cancel. After 2 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. © 2019 DISH Network L.L.C. All rights reserved.

MX_23971



WREN

MAGAZINE

THE WREN MAGAZINE WYOMING RURAL ELECTRIC NEWS

*The official publication of the
Wyoming Rural Electric Association*

The WREN Magazine, Wyoming Rural Electric News, volume 65, number 4, May 2019 (ISSN 1098-2876) is published monthly except for January for \$12 per year by Linden Press, Inc., 214 West Lincolnway, Suite 21C, Cheyenne, WY 82001. Periodicals postage paid at Cheyenne, WY (original entry office) and at additional mailing offices. Postmaster – Send address changes to: The WREN Magazine, Wyoming Rural Electric News, c/o Linden Press, Inc., 223 S. Howes St., Fort Collins, CO 80521, [970] 221-5232. Include 3-digit co-op code.

WREN Magazine is owned and controlled by rural electric cooperatives in the interest of the economic progress of rural areas specifically and the entire population of Wyoming and the nation generally. WREN Magazine has a total average monthly paid circulation of 40,912 for 11 months ending in September 2018. WREN Magazine is delivered to rural electric member/consumers and other subscribers throughout the entire state of Wyoming and the nation.

Acceptance of advertising by WREN Magazine does not imply endorsement of the product or services advertised by the publisher or Wyoming electric cooperatives.

WREN STAFF

Publisher: Linden Press, Inc. • Editor: Maggie York

BOARD OF DIRECTORS

Tri-State G&T, Westminster, CO –
Dick Clifton, President
Garland Light & Power, Powell –
Scott Smith, Vice President
Deseret Power, South Jordan, UT –
Gary Nix, Secretary/Treasurer
Basin Electric, Bismarck, ND – Paul Baker
Big Horn REC, Basin – John Joyce
Bridger Valley Electric, Mountain View – Ruth Rees
Carbon Power, Saratoga – Kenny Curry
High Plains Power, Riverton – Hearley Dockham
High West Energy, Pine Bluffs – Michael Lerwick
Lower Valley Energy, Afton – Fred Brog
Niobrara, Lusk – Andy Greer
Powder River Energy, Sundance – Mike Lohse
Wheatland REA, Wheatland – Sandra Hranachak
Wyrulec, Torrington – Dewey Hageman

ADDRESS ALL CORRESPONDENCE TO

WREN Magazine • 214 West Lincolnway, Suite 21C
Cheyenne, WY 82001, [307] 772-1968
wren@wyomingrea.org

SUBSCRIPTION RATES

\$12 per year, Single copies \$1.50 each

ADDRESS CHANGES

To change, contact Jean Whitlock:
[307] 286-8140 or jean@golinden.com. Please make
sure to include your name, address and co-op.

ADVERTISING

To purchase, contact Dhara Rose:
[307] 996-6552 • dhara@golinden.com

OFFICE OF WREN OWNER

2312 Carey Ave., Cheyenne, WY 82001

OFFICE OF WREN PUBLISHER

Linden Press, Inc., 214 West Lincolnway,
Suite 21C, Cheyenne, WY 82001

PRINTED WITH VEGETABLE INK

[16]



FEATURES

**06 | ECONOMIC BENEFITS
GARLAND LIGHT
& POWER**

**07 | CO-OP YOUTH
GARLAND'S
EMILY HERMAN**

**16 | CENTERPIECE
BISON RETURN
BY GAYLE M. IRWIN**

**26 | CO-OP
SPOTLIGHT
FIFTEEN IS
ENOUGH
BY ILENE OLSON**

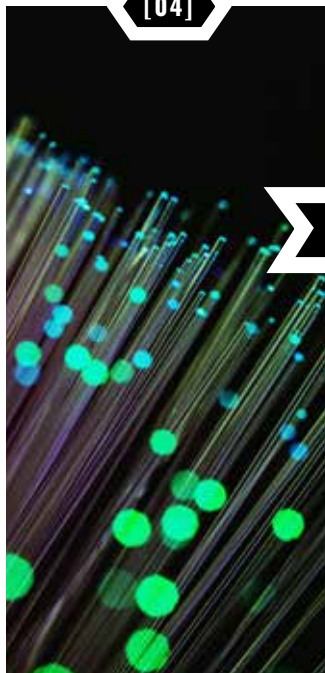
STATE NEWS & EVENTS

08 | THE CURRENT

14 | COWBOY STATE BUZZ

30 | WHAT'S HAPPENING

[04]



ESSAYS & ANECDOTES

**04 | WREA NOTES
“COMPUTERFICATION”
OF RURAL WYOMING
BY SHAWN TAYLOR**

**22 | HOME ON THE RANGE
SUMMER OF
THE FAWNS
BY CYNTHIA VANNOY**

**36 | ENLIGHTEN US
ACE
BY WALT GASSON**

FROM OUR READERS

**28 | COUNTRY COOKS
MEALS FOR KIDS**

**29 | PEN TO PAPER
RAINBOW CANYON**

**33 | JUST PICTURE IT
DEER**

MAY ❖ 2019

[22]



JUST FOR FUN

**20 | KIDS' CORNER
WHITETAIL
VS MULIES**

**24 | PUZZLE
ON THE HOOF
BY KENDRA SPANJER**

**25 | BOOK REVIEW
WILD MIGRATIONS
EDITED BY MATTHEW
KAUFFMAN**

COVER PHOTO ❖ A bison with two
calves follows the herd at Antelope
Flats in spring.

PHOTO BY @SCOTTCOPELANDIMAGES

THE “COMPUTERFICATION” OF RURAL WYOMING



SHAWN TAYLOR
EXECUTIVE DIRECTOR

If you can patent or trademark a word, I have dibs on “computerfication.” In my world it is the equivalent to electrification but with computers, technology and the internet. A question that I’ve been asked several times over the past few years is, “Why can’t the REA do for rural internet what they did for rural electrification?” It’s a fair question but the answer isn’t that simple. Eighty-plus years ago when ranchers and farmers and rural communities across Wyoming and the country banded together to bring electricity to rural America, it was because the for-profit utilities saw that there was no money to be made building out to these rugged and sparsely-populated areas.

So rural folks joined together to form a cooperative, whereby the people that wanted the service (electricity) invested their own money and became part-owner of the newly-formed cooperative utility. Shortly after this investment was made, poles, wires, transformers and substations were put up in order to receive electricity from a central station power plant and then distribute the electricity to the new owners.

This model has served us very well for over 80 years, and while technology in the electric utility business has changed some of the ways in which we conduct our business, the premise remains the same.

Fast forward 80 years, and while most of rural Wyoming and America enjoy reliable, affordable electricity, many now are clamoring for fast, reliable affordable internet service. But the solution to this lack of access in today’s world isn’t quite as easy as people joining together and using the same technology to accomplish their goal.

Moore’s Law is the observation that the number of transistors in a densely integrated circuit doubles every two years. That’s a fancy way to say that computers and computing technology changes so fast that the best technology for today’s needs could be obsolete tomorrow.

For example, fiber to the home, where an internet provider physically installs fiber optic technology from a central office to the home or business, might be the best option in a densely-populated area, but is too expensive to extend out into the country. But then next year, Amazon deploys thousands of low Earth orbit satellites to offer internet connection which, according to Engadget.com, they plan to do. “With Project Kuiper, it [Amazon] aims to deploy 3,236 satellites to cover areas where about 95 percent of the global population live.” These satellites might then render the


fiber to the home option obsolete. I’m not saying this is going to happen, but it could.

All that having been said, what I really wanted to bring to your attention to is a postcard inserted in this month’s WREN. The cooperatives are working with the Wyoming Broadband Advisory Council, the Wyoming Business Council, the University of Wyoming and others to find areas that are unserved and underserved with internet access.

If you do not have internet service, you can help us do this by filling out the self-addressed stamped postcard and mailing it or dropping it off at your local cooperative. If you do have internet service, please go to wyobbmap.org and take the “speed test” and a short survey. Your participation will help the state address these unserved and underserved areas. Thank you so much for your assistance with this “computerfication” effort.

IMPORTANT BROADBAND/INTERNET SURVEY
Do you have slow or no internet? Please take a moment to take the survey and return it in the mail.

To accurately measure internet availability in Wyoming, the state has started an internet mapping project **TO DETERMINE AREAS OF NEED OR AREAS COMPLETELY WITHOUT INTERNET.**

| If you have internet | If you DO NOT have internet |
|--|---|
| If you have internet, please go to the website below to take the state speed test and participate in the short survey. www.wyobbmap.org | If you do not have internet at your home please fill in the information below and return it by dropping it in the mail when done. Name: (optional) _____ Address: _____ City, Zip Code: _____ |
|  | I do not have internet at my house due to: <input type="checkbox"/> Not available <input type="checkbox"/> Price <input type="checkbox"/> Quality isn't what I need <input type="checkbox"/> Do not need it <input type="checkbox"/> Other _____ |

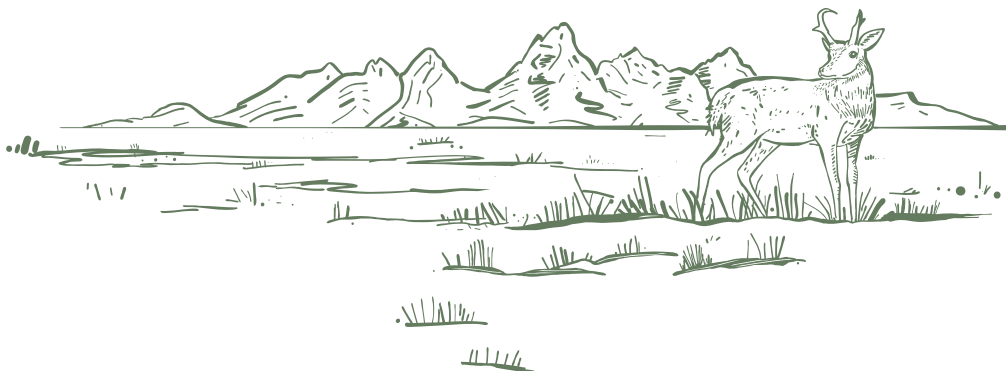


Better together

We work all hours of the night so she can have her happily ever after. Together, Tri-State and our family of electric cooperatives power all the moments your life has to offer.

We are **brighter, stronger and better together.**

www.tristate.coop/together



TRI-STATE

BURN SAFELY

with the
Stainless Steel
BurnCage™

PERFECT FOR:

- Sensitive financial documents
- All burnable household waste*
- Old leaves and branches

STAINLESS STEEL CONSTRUCTION is lightweight, durable, and portable (it folds for easy storage).

PERFORATED LID and sidewalls maximize airflow and trap embers.

1600° TEMPERATURES mean more thorough burning with less ash.

* Always check local ordinances before burning.

Go Online or Call for **FREE Info Kit, Pricing, and Factory Direct Offer!**

BurnCage.com
TOLL FREE **888-212-8795**



Now In
3 Sizes!

19F84X © 2019

ECONOMIC BENEFITS

GARLAND LIGHT & POWER, CO.

COUNTIES

BIG HORN, PARK

5.96

METERS PER MILE

2,032

METERS SERVED

Garland Light & Power Co. supports our local community by focusing on safety and education. We partner with the city of Cody and the city of Powell to conduct electrical safety demonstrations at schools and community events, and our linemen provide valuable high voltage safety training to local first responders. Each year our cooperative awards college scholarships to several area high school seniors.

AT THE CO-OP



6 FULL-TIME EMPLOYEES



13 HOUSEHOLDS SUPPORTED



16 JOBS CREATED IN THE LOCAL COMMUNITY



\$4,137,414 SALES

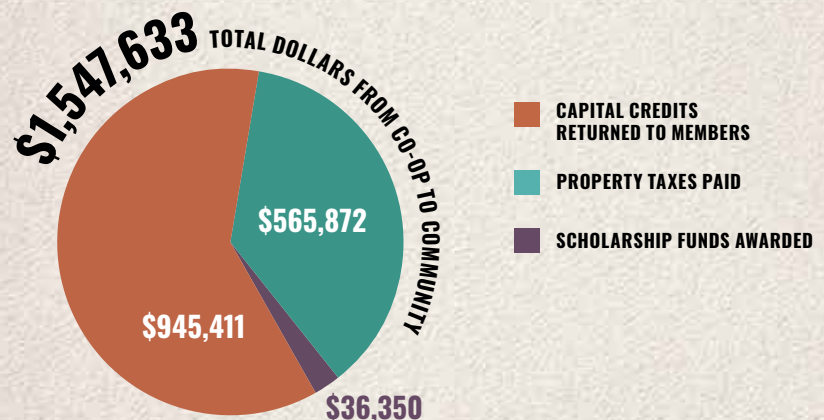


\$555,984 PAYROLL



\$1,080,538 PERSONAL INCOME GENERATED

IN THE COMMUNITY



AT THE CO-OP: The Wyoming Business Council (WBC) recently completed a study of the economic benefits of Wyoming's rural electric cooperatives. Looking at employment and tax revenue data from 2017, the WBC reported that Garland Light & Power is an economic driver in the local community.

IN THE COMMUNITY: Between 2007 and 2017, Garland Light & Power gave approximately \$1.5 million back to the community.

Numbers are rounded to the nearest dollar.

Wills, Trusts & Probate

Land Use

GAY WOODHOUSE DEBORAH RODEN
TARA NETHERCOTT JOANNE SWEENEY
HOLLI WELCH KATY BROWN
JEFF VAN FLEET CHRISTOPHER BRENNAN

- 1912 Capitol Avenue Suite 500 Cheyenne, WY 82001
- (307) 432-9399
- WRNLawFirm.com

WRN WOODHOUSE RODEN
NETHERCOTT, LLC
Attorneys At Law




CO-OP YOUTH

Wyoming's rural electric cooperatives are proud to support our youth, giving college scholarships and lineman scholarships. In addition, our co-ops sponsor high school students on the D.C. Youth Tour in June and Youth Leadership Camp in July.

THIS MONTH:

Garland Light & Power nominated Emily Herman, who received a scholarship from the co-op in 2015.



Interested in applying for a scholarship, D.C. Youth Tour and/or Leadership Camp? Contact your local rural electric cooperative! See the insert in the center of the magazine for contact information.

PHOTO BY KINSEY ASHBEY



EMILY HERMAN



HOMETOWN:

Powell

HIGH SCHOOL ATTENDED:

Powell

YEAR OF GRADUATION:

2016

COLLEGE:

Northwest College

MAJOR STUDY INTEREST:

Nursing

WREN: Tell us about your studies and interests.

EH: I graduated from Powell High School in 2016 and went right to Northwest College in fall 2016. When I'm not studying, I stay busy keeping up with my fur babies; my two cats and one dog. I also spend my free time with my family, friends and boyfriend, creating new memories and having many laughs. I am a fan of reading and going to the movies. I enjoy being outside and I hibernate during the winter.

WREN: How have your hometown, family and/or friends influenced you?

EH: I feel very fortunate to have grown up in Powell and consider the people in the community my extended family. Through my time in Powell, I have always felt safe and supported amongst my community members. My mother is a registered nurse and physician assistant in the community and my brother is actively attempting to attend medical school. Through their passions and experiences, I developed and grew my love for medicine and patient care.

WREN: What are your plans for the future?

EH: After I graduate from NWC with my associate degree in nursing, I plan to study and take my state board licensure examination called the NCLEX. After passing my NCLEX, I will be a registered nurse. At this time, I plan to apply for several nursing jobs. I will begin working in the field and then apply to Western Governor's University online program of ADN (Associate Degree of Nursing) to BSN (Bachelor of Science in Nursing). I hope to eventually work in a neonatal intensive care unit where I can use my skills to nurture the world's tiniest patients.

ANNUAL MEETING

WYRULEC RECOGNIZES LONGTIME BOARD MEMBER

Longtime board member Jack Preston was recognized for his service during the Wyrulec Annual Meeting in Torrington on March 27.

Preston, of Lyman, Nebraska, came on the board 40 years ago to represent the Nebraska district. "I became the first and I've been the only Nebraska director since that time," Preston said.

Preston told members how, 40 years ago, the co-op's electrical needs were similar to today, with several large commercial loads purchasing the most power. Since that time, the electric needs of the area changed a few times, and now, the large commercial loads are once again making up the larger share of Wyrulec's electricity sales.



Board Treasurer Jack Preston speaks during the annual meeting.

"Wyrulec remains in a healthy position and we've continued to grow our sales and margins," General Manager Ryan Schilreff said.

Schilreff recognized the cooperative's employees for their hard work several times during the year. He noted that linemen

came in to work to "keep things afloat" during the March blizzard. He also praised staff for their openness and dedication during a financial audit of the co-op.

Former employee Larry Paules came back to work to help install the advanced metering, which is on track to be complete in two more years. The new meters help the co-op to find outages and make readings more quickly.

The guest speaker at the meeting was Ty Stockton, host of the Great Outdoors radio show on the Cowboy State News Network and writer for *WREN* magazine. Stockton told stories of his work as a photographer and his love of country life.

Two board members, Clay Peterson and Dewey Hageman, ran uncontested and were re-elected to the board.

RENEW
Your Driveway...
...with the amazing
DR® POWER GRADER!



SAVES YOU MONEY—loosens and redistributes existing material, saving you from purchasing new gravel or stone.

EASY TO USE—tows behind your ATV or riding mower, filling in potholes and ruts.

PRECISE CONTROL of grading depth is adjustable from your driver's seat.

AMAZINGLY DURABLE carbide teeth last 10X longer than steel on ordinary box scrapers.

ALSO GREAT FOR HORSE RINGS,
BALL FIELDS, AND PARKING AREAS!

FREE **6 MONTH** **EASY**
SHIPPING **TRIAL** **FINANCING**

SOME LIMITATIONS APPLY. GO ONLINE OR CALL FOR DETAILS.

Go Online or Call for **FREE** Info Kit!



DRpowergrader.com

TOLL FREE **888-212-8795**



19F85X © 2019



Tough
training.
Safe &
reliable
power.



Linemen play a critical role in our mission to provide reliable, affordable electricity. Tough training and a focus on safety is behind everything they do. Simulated field operations and emergency-response training are ways Basin Electric invests in their safety and in providing reliable power to you.



**BASIN ELECTRIC
POWER COOPERATIVE**

A Touchstone Energy® Cooperative 

Your energy starts here.

basinelectric.com



LINEWORKER APPRECIATION DAY

On Monday, April 8, Governor Mark Gordon signed a proclamation designating April 8 as Lineworker Appreciation Day. Lineworkers from Carbon Power & Light, High West Energy, Powder River Energy Corporation, Wheatland Rural Electric Association, Rocky Mountain Power and Black Hills Energy attended the ceremony.

May is Skin Cancer Awareness Month!

Protect yourself from the sun's harmful rays.

- Stay in the shade, especially during midday hours.
- Wear clothing that covers your arms and legs.
- Wear a hat with a wide brim to shade your face, head, ears, and neck.
- Wear sunglasses that wrap around and block both UVA and UVB rays.
- Use sunscreen with a sun protection factor (SPF) of 30 or higher, and both UVA and UVB (broad spectrum) protection.



Sunscreen in all Wyoming State Parks provided by:



6101 Yellowstone Rd. Suite 510 · Cheyenne, WY 82002 · 1.800.264.1296 · wdh.cancerservices@wyo.gov · www.health.wyo.gov/cancer

*Introducing
the future of personal
transportation.*



It's not a Wheelchair...

It's not a Power Chair...



The Zinger folds to a mere 10 inches.

It's a Zinger Chair!

More and more Americans are reaching the age where mobility is an everyday concern. Whether from an injury or from the aches and pains that come from getting older—getting around isn't as easy as it used to be. You may have tried a power chair or a scooter. The **Zinger** is NOT a power chair or a scooter! The **Zinger** is quick and nimble, yet it is not prone to tipping like many scooters. Best of all, it weighs only 47.2 pounds and folds and unfolds with ease. You can take it almost anywhere, providing you with independence and freedom.

Years of work by innovative engineers have resulted in a mobility device that's truly unique. They created a battery that provides powerful energy at a fraction of the weight of most batteries. The **Zinger** features two steering levers, one on either side of the seat. The user pushes both levers down to go forward, pulls them both up to brake, and pushes one while pulling the other to turn to either side. This enables great mobility, the ability to turn on a dime and to pull right up to tables or desks. The controls are

right on the steering lever so it's simple to operate and its exclusive footrest swings out of the way when you stand up or sit down. With its rugged yet lightweight aluminum frame, the **Zinger** is sturdy and durable yet convenient and comfortable! What's more, it easily folds up for storage in a car seat or trunk—you can even gate-check it at the airport like a stroller. Think about it, you can take your **Zinger** almost anywhere, so you don't have to let mobility issues rule your life. It folds in seconds without tools and is safe and reliable. It holds up to 275 pounds, and it goes up to 6 mph and operates for up to 8 hours on a single charge.

Why spend another day letting mobility issues hamper your independence and quality of life?

Zinger Chair®

**Call now and receive a utility basket
absolutely FREE with your order.**

1-888-669-7916

Please mention code 110798 when ordering.

Just think of the places you can go: • Shopping • Air Travel • Bus Tours
• Restaurants—ride right up to the table! • Around town or just around your house

Zinger is not a wheelchair or medical device and is not covered by Medicare or Medicaid.

© 2019 firstSTREET for Boomers and Beyond, Inc.

The Co-op Business Model Comes to UW

This fall, University of Wyoming students will have a chance to learn about the cooperative business model in a brand-new, credited class that was implemented by the Wyoming Rural Electric Association.

Farmers, credit unions, housing and rural electric cooperatives all share a business model that's been around for 100 years, but it still resonates, said the instructor, Milton Geiger. "What's the relevancy going forward? It's the people helping themselves."

Geiger noted that when rural electric cooperatives were formed, members shared what little resources they had for a common cause they believed in. He believes these values still exist, and co-ops are an intriguing option for today's economy and for today's students.

"College students can get an MBA and they're never exposed to the co-op business model," Geiger said.

Co-ops need to always be aware of the members' interests, said Jeff Umphlett, general manager for Big Horn Rural Electric Company. Making sure scholarship money benefits not only students, but members too, is an incentive to teach about cooperatives.



MILTON GEIGER

"We give out all sorts of money, and do these kids really know where it's coming from?" Umphlett said.

Big Horn is taking the next step; their latest group of scholarship winners who attend UW can increase their award by taking the class in the fall.

"We're just enticing them to take the class," Umphlett said the students can receive additional scholarship money for completing the class, and Big Horn will also pay the tuition for the three-credit-hour class.

Wyoming Rural Electric Association Executive Director Shawn Taylor wants the students to understand what a co-op is and realize how they can participate.

"My hope is they can come out of this class with an entrepreneurial spirit and bring that home," Taylor said. He believes the students can use the co-op model in rural Wyoming.

Cheyenne Regional Medical Center has been named one of **America's 250 Best Hospitals** for 2019 by Healthgrades.

**Thank you for choosing
our family to care for
your family.**



**Cheyenne Regional
Medical Center**
We Inspire Great Health!



cheyenneregional.org/awards

KEEPING YOU CONNECTED

OUT
HERE

*I am
Union Wireless*

Anthony Bonitatibus
Cell Site Technician
Cheyenne

*Plans
With* **Unlimited Data** includes Canada* 



Investing in the Community

(888) 926-CARE • UnionWireless.com

STORES & AGENTS STATEWIDE



*After 25GB of data usage during Customer's billing cycle, Union Wireless may slow speeds.
Other restrictions apply. See store for details.





Cultivating *Leaders* for Agriculture

Now Recruiting for Class 16

Apply now or nominate someone for Wyoming's longest running statewide leadership program for adults.



Class 16 runs from Sept. 2019—Nov. 2020

Wyoming L.E.A.D. develops well-informed rural leaders who act forcefully, serve effectively and speak articulately for agriculture and Wyoming communities



"The people and experiences L.E.A.D. has put into my life are second to none."

*- Trent Boner, Douglas
L.E.A.D. Class 15*

For an application or more information contact:

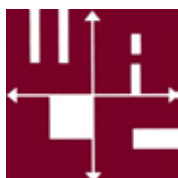
Cindy Garretson-Weibel

307.214.5080 or wylead@gmail.com.

Or request an application online at <https://www.wylead.com/apply.html>

Application Deadline – June 15, 2019

www.wylead.com



Wyoming L.E.A.D. is administered by the
Wyoming Agricultural Leadership Council
P.O. Box 5, Cheyenne, WY 82003

WYOMING TRIVIA

KEEPING TRACK OF ULMER



The Wyoming Department of Transportation had their hands full during bomb cyclone blizzard Ulmer March 13-14. The department not only kept track of the roads, they kept track of public inquiry during the big storm.



WYDOT STATS SHOWED THE FOLLOWING:

| PLATFORM | MARCH 13 | MARCH 14 |
|-------------------------|-------------------|-------------------|
| wyoroad.info map | 9.6 million hits | 9.9 million hits |
| wyoroad.info text pages | 18.5 million hits | 15.2 million hits |
| 511 Phone System | 9,359 calls | 19,446 calls |

In comparison, the wyoroad.info website tracked an average of 4 million hits per day in 2018.



EVERY PASSENGER,

EVERY DRIVE.

BUCKLE UP!



CENTERPIECE



BISON RETURN:



SHOSHONE TRIBE WORKS TO BRING BACK ICONIC SPECIES

The American bison once roamed the American landscape in numbers estimated between 30 and 60 million animals. By the late 19th century, however, that incredible wild population cratered to an estimated 1,000. In 1902, only 23 animals were found in Yellowstone National Park, according to the U.S. Fish & Wildlife Service. The demise of a species became the demise of a society. This century, however, restoration comes to both species and culture.

BY GAYLE M. IRWIN



BISON RETURN TO THE WIND RIVER RESERVATION

"Bison were life's commissary; everything we needed came from the buffalo," said Jason Baldes, Eastern Shoshone tribal buffalo representative and tribal buffalo coordinator for the National Wildlife Federation (NWF). "Our ancestors utilized the whole animal, for shelter, food, and clothing. It's even central to our spirituality, an integral part of our sweat ceremonies and our Sun Dance ceremonies ... so it's much more than just an animal."

Known as "Boy-zhan" by the Eastern Shoshone, the last bison taken by a tribal member on or near the reservation was in 1885, he said.

"We've been separated from the buffalo for about 133 years, so a lot of our people have lost connection with the buffalo," said Baldes. "But that doesn't diminish the fact of how important it was to us, and in a lot of ways, still is. We see the return of the buffalo as a way for us to heal from the atrocities of the past."

Twenty-three animals currently roam 300-plus acres on the Wind River Reservation. The first group of ten arrived in October 2016 from the Neil Smith National Wildlife Refuge in Iowa; the second group of ten came the next fall from the National Bison Range in Montana. Calves were born each spring following the releases onto the Wyoming reservation. All are certified brucellosis-free and have genetic links to Yellowstone Park bison, Baldes said, both of which are crucial to restoration at Wind River due to disease concerns by area ranchers and to the tribe's desire for animals linked to the last wild, free-roaming bison herd in the U.S.

A LONG AND WINDING ROAD TO THE RESERVATION

Montana officials kill bison that step across the Yellowstone National Park boundary onto U.S. Forest Service and private lands in the state, a practice that began more than 25 years ago. The fear of brucellosis, a disease which causes cattle, bison, and elk to abort their calves, brought on this controversial practice. In 2017, more than 1,700 bison were killed outside Yellowstone's borders, one of the largest culls since the mid-1990s. State and federal officials came to an agreement to set up quarantine facilities at which some bison reside for years during testing; now tribes are able to obtain those that are disease-free.

"Rather than being shot, the animals go through that process to make sure they are disease-free, with the goal of getting the bison out to other places," said Garrit Voggeser, Director of NWF's Tribal Partnership Program. "It took a long time to make that happen. A group in 2005 went to Ted Turner's Ranch, and he kept them until 2011 as an external quarantine."

In exchange, Turner retained eighty-percent of the offspring, Voggeser said. In 2012, sixty of those quarantined animals that tested brucellosis-free went to the Fort Peck Reservation in Montana.

continued »

RESTORING BISON TO WIND RIVER

Restoration of wildlife, like mule deer, elk, and bighorn sheep, took place on Wind River in years past, and bringing back buffalo makes sense, Baldes said.

“I’ve seen first-hand how successful wildlife management can go. As a cultural, spiritual people, we treat that animal with respect, and the best way to treat it with respect is to manage it as wildlife,” he said.

Partnering with NWF is making Boy-zhan Bi-den (Eastern Shoshone for ‘bison return’) a reality. The tribal council had to approve the bison program, and Baldes and Voggeser held public meetings to address land-owner concerns.

“Any time you’re dealing with a controversial species, it’s imperative to have a broad dialogue about the implications of restoring them,” Voggeser said. “The key issue of concern with buffalo is brucellosis, even though there has never been a proven case of buffalo transmitting the disease to cattle. We’ve been honest and transparent, and shared the data that the bison restored are disease-free. Having an open dialogue and being honest is the best way to deal with concerns.”

Decisions regarding where to obtain the animals also took place.

“The U.S. Fish & Wildlife Service keeps track of all the genetics on all the herds they have on their refuges,” Voggeser said. “So, we did all this research and all this work, including learning about fencing. About three years ago, we launched full steam ahead. The tribe had set aside land, we created the infrastructure, the fencing, the watering ... and got the animals.”

More are coming. The Wind River Reservation expects to receive five bulls this spring from the Fort Peck Reservation.

“These come directly from Yellowstone and are disease-free and genetically pure,” Baldes said. “Fort Peck has led the way in this bison effort out of Yellowstone, and they want to help other tribes establish bison herds.”

A

nother conservation organization may assist with the transport. Defenders of Wildlife has been instrumental in helping the tribes at Fort Peck obtain Yellowstone National Park animals after a quarantine period.

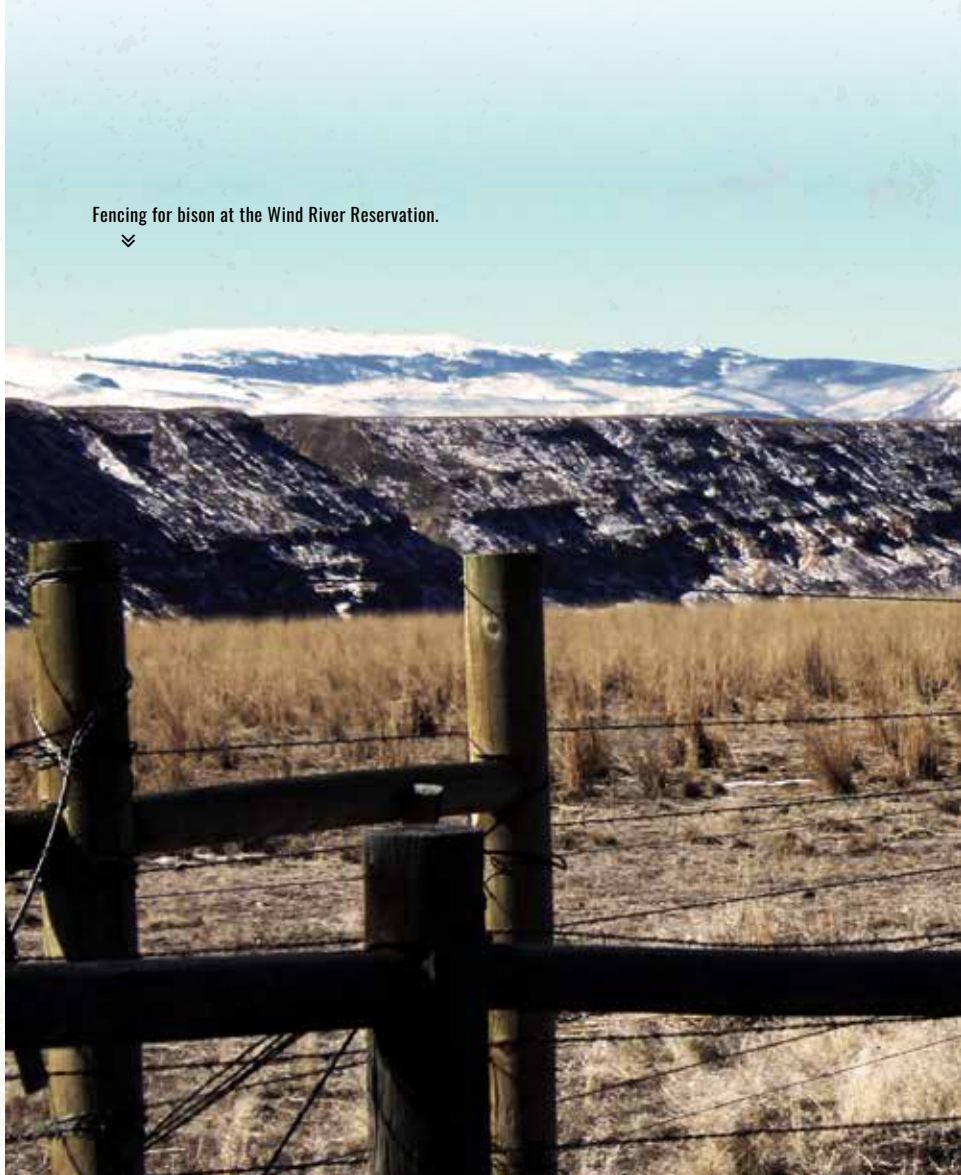
“It has required cooperation among NWF, Defenders, and other NGOs and tribes to get bison out of Yellowstone and onto tribal lands,” Voggeser said.

“We work collaboratively with NWF on many bison projects,” said Chamois Andersen, Defenders’ senior representative of the Rockies and Plains. “We have similar conservation missions to restore wildlife, that includes bison of high genetic value.”

She attended the 2017 release on the Wind River Reservation, along with more than 200 other people.

“It was so amazing to watch those animals hit the ground running, with the Wind River Range as the backdrop – it was beautiful!” Andersen said.

Fencing for bison at the Wind River Reservation.





Jason Baldes, Eastern Shoshone tribal buffalo representative and tribal buffalo coordinator for the National Wildlife Federation.

“

The hope is that we establish a (bison) population that benefits all tribal members, not just one tribe over the other.



THE FUTURE OF BISON RESTORATION

A primary goal on the Wind River Reservation is to grow the bison herd. The Eastern Shoshone and Northern Arapaho are discussing possibly increasing acreage and the number of bison roaming the landscape. An education/visitor's center may also be constructed.

“The hope is that we establish a (bison) population that benefits all tribal members, not just one tribe over the other,” Baldes said. “The work now is to expand the range, to get more animals, and to also set protections under our tribal laws. That will allow us to bring more animals, grow the population, but on an area that is significantly larger than most tribes have available. Treating buffalo as wildlife is a priority for down the road. There are few places where that happens. We have the opportunity to set the precedent for what bison management can be on tribal lands.”

Last fall, the first Tribal Buffalo Conservation Summit took place, bringing together representatives from 40 tribes from different states as well as several conservation organizations. Discussions and strategies for future bison restoration on more tribal lands were shared. Such a vision is worthwhile, for the Eastern Shoshone, Northern Arapaho, and other tribes and for the country, Voggeser said.

“The buffalo has a unique place in the American consciousness,” he said. “When many people think of the west, they think of places like Yellowstone and Grand Canyon, and when they think of wildlife, they think about buffalo and wolves, those iconic species. So, for many Americans, the buffalo is important; it's an iconic species that represents what America is about, our values for the environment and for wildlife.”

He added, “We feel we have an obligation to restore the species to the American landscape, not only because of the species itself, but also because of its connection and its importance to the people who were the original inhabitants of this continent.”

A new season dawns, and as Boy-zhan grazes, the rugged Wind River Mountains at its back, Eastern Shoshone and Northern Arapaho dance, welcoming renewal of life. **W**

Gayle M. Irwin is a freelance writer based in Casper.

DEER

Meet the



Mule Deer



APPEARANCE

Coat is reddish-tan in summer to gray in the fall. Narrow tail with a black tip. Large ears. The antlers of adult males fork evenly, and may have small tines near the base. Mule deer are larger than whitetails, especially the adult males.

FOOD



Forbs and shrubs in the spring and summer, and mostly shrubs during the long winter. Some favorites: big sagebrush, antelope bitterbrush and mountain mahogany.

DISTRIBUTION



Western North America, from the Great Plains to the Pacific Coast. In Wyoming, nearly everywhere except dense forests.



MIGRATION

Common, and sometimes very long (longest recorded migrations in North America). Most spend summers in conifer forests, and winters on the sagebrush steppe.



SPECIAL ADAPTATIONS

When alarmed, mule deer hop, or "stott," instead of running. This allows them to clear shrubs and other barriers, and may communicate danger to other mule deer. Females don't breed until they are over a year in age.

HYBRIDS



Mule deer and whitetails sometimes interbreed to produce hybrid offspring. The hybrids are unable to stott like a mule deer or run like a whitetail, making them easy targets for predators.



Whitetail Deer

Coat is medium brown, fading to gray-brown in the autumn. Tail is wide, and entirely white, and is held upright when alarmed. Ears are smaller than those of mule deer. Antlers have a main stem (beam) with branches.

Mostly forbs (including crops) all year round, also shrubs, especially in winter. Some favorites: alfalfa, big sagebrush, western snowberry.

Most of the continent, from the Yukon to South America, except for the great Basin (Utah, Nevada and adjacent regions, and California). In Wyoming, whitetails are most abundant in the eastern half of the state, especially the northeast corner, and in the Bighorn Basin. The range of whitetails is expanding, causing concern that they may be displacing mule deer. However, whitetails were nearly exterminated in the region in the late 19th century, and it's difficult to know if they are now repopulating their historic range, or if the range of both species is changing due to habitat and land use changes.

Common, mostly short distances (5-10 miles). Summers and winters are usually spent in grasslands and croplands or sagebrush steppe.

Whitetail deer have adapted to human landscapes, especially agricultural fields. The rich diet of alfalfa and grains leads to rapid growth, females breeding during their first autumn, and a high reproductive rate compared to mule deer.

BRING HOME YOUR OWN WILD HORSE OR BURRO

Wild Horse & Burro Events

Wyoming 2019

Wyoming Honor Farm, Riverton

- May 17-18

Wind River Wild Horse Ranch, Lander

- May 31- June 1

Deerwood Wild Horse Ranch, Laramie

- June 7-8

Cheyenne Frontier Days, Cheyenne

- July 19-28

Wyoming State Fair Mustang Days, Douglas

- August 13-17

Wyoming Honor Farm, Riverton

- September 13-14

Wind River Wild Horse Ranch, Lander

- September 20-21

Deerwood Wild Horse Ranch, Laramie

- September 27-28

Visit the Wild Horse & Burro Program on Facebook to view available animals.
There is a wild horse or burro waiting for you!

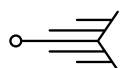
For more information on other events or adoption and direct purchase options, visit BLM.gov/whb or call (866) 468-7826.



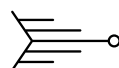


Vannoy's two spotted fawns rest in her yard in 2016.

SUMMER *of the* FAWNS



BY CYNTHIA VANNOY



We don't know yet how animals really think.

But I think sometimes they know more than humans actually give them credit for.

This seemed to be the case in the summer of 2016. My house sits in the middle of about 200 acres of ranch land, and a two-acre lawn, with large mature trees and grass that I try to keep green. I am used to mule deer more than whitetail, as the whitetail have just begun to move up from Clear Creek, about three miles away, to the dry hills where my ranch is.

But, one evening as I came home from my job in Sheridan, I saw a whitetail doe with two spotted fawns. She was near the stock tank where I water the horses, and rather than disturb her I waited to pump water. Suddenly I heard the sound of something falling on an aluminum ramp near the water tank: the doe had fallen down. When she staggered to her feet, I saw the reason. Her right back leg was badly broken, but she was taking care of the fawns.

After that the fawns appeared on the lawn every day. Sometimes the doe was with them, but they were mostly alone. I talked to Game and Fish, and they recommended I let nature take its course. "If she can raise them until August, they will be old enough to wean," they told me.

Around the first of August, the fawns became permanent residents in my yard. One day I saw the fawns walking below my house and one of them was crying piteously. After that day I never saw the doe again, and I could assume she had died of the broken bone and probably infection.

But the fawns continued to hang around the yard, and would come in for a portion of grain each morning when I fed my horses. They also enjoyed the green grass, the shade from the trees, and laying close enough to the sprinklers to take advantage of the cool mist during a heat wave.

I believe that the doe knew she was dying, and that she couldn't take care of her babies much longer, so she felt that the yard, near the human's house, would be a safe place for her babies.

They would occasionally take a brief journey into the pastures, and once made friends with another doe and fawn, but they usually came back to the yard, knowing it was their safe space and that coyotes wouldn't come that close to the house.

They were a conversation piece. The health care workers who came to help take care of my ailing mother, who had Parkinson's disease, enjoyed seeing the fawns hanging around. Many times I would put my mother in her wheelchair and wheel her out on the deck or up to the picture window so she could watch the fawns play and graze.

My uncle came up to visit and at first thought the fawns were "lawn ornaments" until they flicked an ear or a tail.

We don't know how animals think, but I believe that the doe knew she was dying, and that she couldn't take care of her babies much longer, so she felt that the yard, near the human's house, would be a safe place for her babies. I didn't let her down.

Come fall, the fawns lost their spots, and fell in with a small group of white-tails that moved into my pasture. I don't know now which of the deer might be my buddies from that summer, but I have confidence that they are out there somewhere safe.

I am wondering if one of the fawns is a doe; if, when she has her own babies next spring, if she will bring them into the yard to park them in a safe place while she goes out to graze or "hang out" with the other does. Time will tell on that one.

IS IT FALINE?

Fast forward to the winter of 2018. A young whitetail doe, with one very gentle fawn, is coming in every day for a feed of oats with molasses. If I try to feed them unsweetened whole oats, they just look at me like, "Where's the molasses?"

Both are much tamer than would be expected for wild deer. Is it Faline, bringing her fawn back to where she felt safe as a baby? I am pretty sure that it is her. I have no idea what happened to the other one, but there is a young whitetail buck hanging around, and he comes in occasionally, but he is much spookier than the doe is.

One funny incident happened last fall. I was late one morning, so Cutie the fawn came up to the deck to see where I was with her oats. My cat Gabe was sitting on the deck railing. Deer sees cat, cat sees deer. For a moment they stare at each other, then the cat leaps off the deck, and Cutie leaps away, white tail flashing as she scoots under the rail fence. Her fright didn't last long. Fifteen minutes later she was back, eating her pile of oats.

I enjoyed my "fawn-sitting" job and felt rather privileged that a wild creature would trust me enough to give the charge of her precious babies when she realized she would not be around to take care of them and protect them. And I feel fortunate to share my space with the wildlife. **W**

Cynthia Vannoy lives on her family ranch near Clearmont, where Faline, her fawn and two bucks are frequent visitors.



2019 Winner of the National Homebuilders Green Builder Home of the Year Award

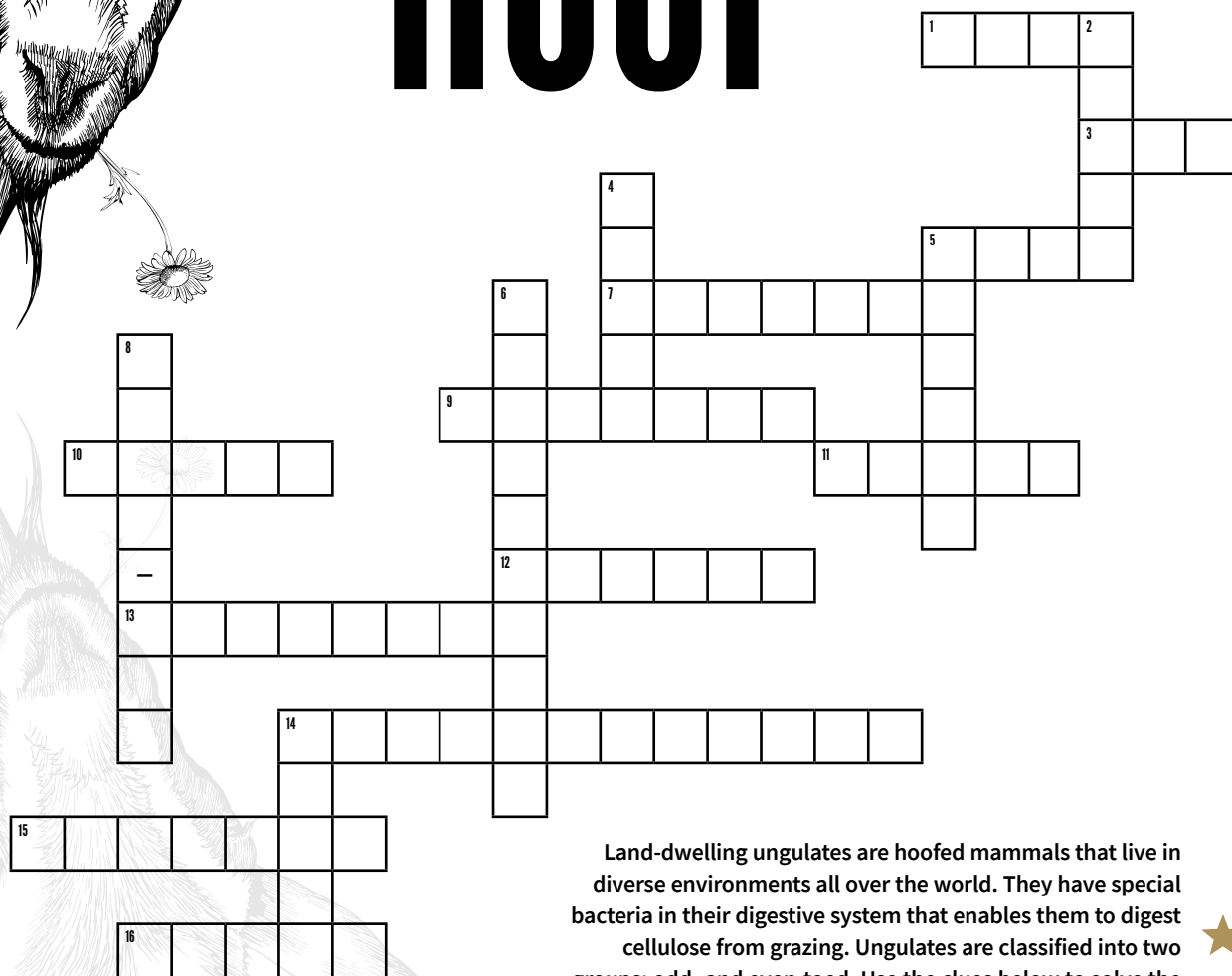
Our Heritage Builders have been building High-Quality Custom Heritage Homes using our Off-Site Construction System for over 41 years. You save time, money, and get your own design. A typical 1600 sq. ft. Heritage Home will cost less than \$400 a YEAR to heat and cool. Call for the location of a Heritage Distributor/Builder near you, or for a catalog. See our factory tour online.



Wayne, NE | 1-800-759-2782
Find us on Facebook @heritagehomesofne
www.heritagehomesofne.com

ON THE HOOF

BY KENDRA SPANJER



Land-dwelling ungulates are hoofed mammals that live in diverse environments all over the world. They have special bacteria in their digestive system that enables them to digest cellulose from grazing. Ungulates are classified into two groups: odd- and even-toed. Use the clues below to solve the crossword puzzle; migrate to page 35 for the solution. ★

DOWN: ODD-TOED

2. Mini-trunked jungle-dweller
4. Uniquely striped
5. Pack animal
6. One-horned megafauna
8. Hardy horse relative
14. Domestic mount

ACROSS: EVEN-TOED

1. Horned, with horizontal pupil
3. Omnivorous food animal
5. Diverse group of game animals
7. Large wild bovine
9. Long-necked, born with horns
10. South American camelid
11. Fleecy flock animals
12. Most common domesticated ungulates
13. Deerlike bovid
14. Semi-aquatic swamp-dweller
15. Aka javelina or skunk pig
16. Desert transport

ANSWERS ON PAGE 35 ➔



**EDITED BY MATTHEW
KAUFFMAN**

ORDERING INFORMATION:

2018 | 208p.
\$50.00 Hardcover

ISBN: 978-0-87071-943-1

Publisher:
Oregon State University Press

Available at online booksellers
or by calling 1-800-621-2736

WILD MIGRATIONS

FROM THE FORWARD BY ANNIE PROULX

Wild Migrations: Atlas of Wyoming's Ungulates is the book that Wyoming has been waiting for its whole life. The essence of the place is compressed into its pages, information so revelatory it seems to stand in three dimensions. As the essays unscroll, we learn that the deep and complex character of Wyoming is tied to the wildlife species that have traversed its topography for thousands of years. The richly detailed pages are also a preparation for the future as climate alteration, increasing human development, and population inflow affect the state.

The atlas is part of an emerging scientific field called "movement ecology" that is concerned with a fundamental characteristic of all living entities – they move. It is a field that by definition is multi-disciplinary, here the interleaving of migration research with wildlife management. All the world over, everything that lives is in motion; indeed, the characteristic movements of a species may define it. Movement ecology presents existence as quivering with the perpetual motion of shifting rivers; toppling forests and swaying kelp beds; migrating birds, insects, fishes, amphibians, mammals; flying, diving, spinning, burying, burrowing life intricately making up the whole web of existence. Disturb one thread and a shiver surges through the entire corpus.

WIN A **FREE** COPY OF **WILD MIGRATIONS**

ENTER
TO WIN

✉ **WILD**
c/o WREN Magazine
214 W. Lincolnway
Ste. 21C
Cheyenne, WY 82001

💻 [wyomingrea.org/
wren-submissions](http://wyomingrea.org/wren-submissions)

Name:

Phone:

Address:

MARCH'S
BOOK WINNER:



**JUNE
JOHNSON**
OF WHEATLAND

ENTRIES DUE BY JUNE 10
One entry per household, please.

PHOTO BY ILENE OLSON

THE SPIERINGS



Fifteen is Enough

BY ILENE OLSON



Janet and Tom Spiering with four children who still live at home, from left to right: Maggie, Jonathan, Rachel and Cecilia.

The math is pretty simple: Five children plus 10 more equal 15. But the story behind the adoption of 10 children by Tom and Janet Spiering, who already had five children of their own, is more complicated.

The Spierings, members of Garland Light & Power who live in rural Powell, decided when they got married that they wanted to have 10 children. It just sounded like a nice, round number.

But, after having five children, Tom and Janet were unable to have any more children of their own. Once that reality set in, they began considering adoption.

After completing the lengthy adoption application process through Catholic Social Services in Sheridan, the Spierings learned about a 5-year-old girl who needed a home and a family.

"We said yes," Janet said. "We thought it was God's will."

Two years later, they heard about three siblings from Oregon who also needed a new family. Once again, they said yes. "We always said yes," Janet said.

Later, a caseworker told them about a boy in Thermopolis. They went down to see him, and when the boy heard that the child accompanying the Spierings was adopted, he asked, "Well, why don't they adopt me?"

"So we said OK," Janet said.

That brought the number of children in the Spiering family to their magical number of 10 — five boys, and five girls. Family complete — or so they thought.

But that wasn't the end of God's plan for them, Tom said. "One day I came home from work, and Janet said, 'God called today.'"

Janet told him about the call she'd gotten from a caseworker about a 7-year-old girl who needed a home and the love of a family.

Once again, "We couldn't say no," Tom said.

So, 10 stretched a little more to become 11.

Later, the Spierings learned that their newest adopted daughter had a 5-year-old sister who had already been placed for adoption. The sister's adoptive parents asked to meet the Spierings and let the girls spend some time together, and they obliged.

About a month later, the Spierings got another call from the caseworker, telling them that, after meeting them, the other couple was willing to let them adopt the sister as well.

Then, with 12 children, the Spierings once again thought their family was complete.

Then, in 2011, they got another call from a caseworker about two siblings, a brother, 9, and a sister, 5, who needed parents and a family. Again, Tom and Janet said yes.

Three years later, that caseworker called again. She had a 7-year-old girl — would they like to adopt her?

"She was just contacting me for an update," Janet said. But one thing led to another and, as Tom put it, "By this time, we had learned not to say 'No' to God."

Adding that last daughter brought the total number of children in the Spiering family to 15, their new magical number. This time, their family was, indeed, complete.

Just how does one set of parents raise 15 children?

"We always said yes."

Living in the country made it possible, Tom said.

"We couldn't do it in town," he said. "They need room to run. We've always had cows or sheep or pigs or all three at the same time. That's been a big part of their responsibility. We've got a couple bum lambs in the shed now that the kids are bottle-feeding."

Indoor space proved to be a bigger problem. An addition to their home was needed

before they could adopt their first child, so Tom's four brothers helped pay the cost to add three bedrooms and a living room. In 2011, the Spierings added a family room, two more bedrooms and another bathroom.

Janet's family was supportive as well. Occasionally, her mother came and stayed with the children to give Tom and Janet some time away.

Janet, a certified teacher, homeschooled all the children. That simplified their family's life, and made it more complicated as well.

Homeschooling helped strengthen the bonds between their children, Janet said. "They were around each other all the time. They got to form relationships with each other, even with all their differences."

Tom and Janet found ways to cope with other challenges and difficulties too, such as growing a garden, buying groceries in bulk and having the children count off with their assigned numbers when they loaded into vehicles.

Having eight teenagers at the same time was a huge challenge.

"One." ... "Two." ...
"Three." ... "Four." ...
"Five." ... "Six." ...

"Where's Seven?" a parent would ask.

"He's in the bathroom at church," a child responded.

"Why didn't you tell us?" the parent asked.

"They would mess with us all the time," Tom recalled.

Having eight teenagers at the same time was a huge challenge.

"We've had a few mutinies, but we survived," Janet said. "We had to decide how to parent."

Religion also is important. They took the children to daily Mass every Tuesday.

"We've given them to God over and over again; it's an essential part of our lives," Tom said.

The Spierings provided the parenting, the home and the love, but only God could meld all of their natural and adopted children into a cohesive, caring family, Janet said.

Today, their children's ages range from 36 to 12. After years of the noise and commotion that come with 15 kids, "we're down to four children at home, which seems very, very quiet," Janet said. **W**

Ilene Olson is a freelance photographer, writer, editor and public relations specialist in Powell.



Nicely done, beef.

✓ You put some heat and green into spring with this Spicy Beef Salad.
(Recipe can be found at beefitswhatsfordinner.com)

WYOMING BEEF COUNCIL
wybeef.com

MEALS FOR KIDS

EASY MINI BAGEL PIZZAS

8 MINI BAGELS, SPLIT
1/4 CUP PIZZA SAUCE
1/3 CUP PIZZA CHEESE BLEND
16 SLICES PEPPERONI

Preheat oven to 425 degrees. Line a baking sheet with foil. Arrange bagels on baking sheet, cut sides up. Spoon a thin layer of pizza sauce over each bagel half and sprinkle with pizza cheese. Place two pepperoni slices on each bagel.

Bake in the preheated oven until cheese is melted and pepperoni is lightly browned, about 6 minutes.

NANCY DENK ★ RIVERTON

ENGLISH MUFFIN PIZZAS

6 ENGLISH MUFFINS
1 SMALL CAN OR JAR OF PIZZA SAUCE
FAVORITE PIZZA TOPPINGS (PEPPERONI, CANADIAN BACON, PINEAPPLE TIDBITS, BLACK OLIVES OR NONE AT ALL!)
8-OZ PKG SHREDDED PIZZA CHEESE OR MOZZARELLA CHEESE

Preheat oven to 400 degrees. Cover cookie sheet with aluminum foil. Split muffins in half and lay muffin halves cut side up on cookie sheet.

Spread about 1 tablespoon pizza sauce on each half. Top with pizza toppings, and sprinkle cheese on top. Bake 10 minutes or until toasty.

When my two boys were little we ate these a lot. What made it more fun (and delicious) was that they helped make them. Their favorites were Canadian bacon and pineapple, or pepperoni, but you can use any pizza toppings. Even more, I got the recipe from a child.

ANNE METZLER ★ RIVERTON

PINK APPLESAUCE

8 MEDIUM APPLES
1/2 CUP SUGAR
1 TBS RED HOTS OR 2 DROPS
RED FOOD COLORING

Wash, peel and core the apples, put them in a medium-sized saucepan. Add water to about 1/2-inch deep in the pan, cover tightly and bring to a boil. Turn down the heat and simmer until tender.

Stir in the sugar, add more or less depending on taste. Reheat to boiling, remove from heat. For the pink color, immediately stir in red hots or food coloring. Sprinkle with cinnamon or nutmeg and serve hot or cold.

ADAPTED FROM BETTY CROCKER'S COOK BOOK
FOR BOYS AND GIRLS
copyright 1957

JULY:
BARBECUE

SUBMIT
A RECIPE

Send complete recipe by June 10!

Please include your name, address and phone number.

✉ wren@wyomingrea.org | ☎ [307] 772-1968
✉ 214 W. Lincolnway Ste. 21C Cheyenne, WY 82001
📄 wyomingrea.org/wren-submissions



RAINBOW



CANYON

LUCY SPIERING ★ POWELL

We went to seek Rainbow Canyon, one day,
Although not one of us knew the way.

Into three different groups, we drifted apart.
Some followed their brains, and some followed their hearts.

Jamie and Dad went up and onward.
Rosy and Lucy climbed hills and wandered.

The rest chose to take the easiest course,
Thinking best to comply with gravity's force.

Rosy paused, as she found a cool rock.
Lucy began to pick seeds from her sock.

As the others worried and pondered,
Our brave father, he cried, "Ever onward!"

A rattlesnake, by Karen was found.
It was mad and loud, and quite big around.

Far away from there, she swiftly did fly.
And a black spearhead caught Katy's eye.

Two well-fitting pieces of shiny black stone,
An Indian spearhead, the maker: unknown.

Rosy and Lucy joined up with the rest.
Driven by thirst, it must be confessed.

For Marion carried both water and snacks.
And these two things were what Lucy lacked.

When Jamie's feet were beginning to tire,
"Excelsior," said Dad, "Ever higher."

In the end, the people who traveled downstream,
Were the ones who found the long sought-for scene.

A rainbow of girls, looking down the ravine,
Made long ago, by a river or stream.

When we all felt too tired to go back to the van,
The van drove up; towards it we ran.

For Jamie and Dad had observed our distress,
And came to our rescue, so we could walk less.



We share a selection of WREN readers' creative writing (poems, limericks, haiku, short verse, and prose) every issue as space and content allow. To be considered for publication, please include the author's consent to be submitted, his or her mailing address, and confirmation that the work has not been published elsewhere. If you would like us to return your work, include a self-addressed, stamped envelope.

SUBMIT
A PIECE

Put Your Pen to Paper!

Please include your name, address, and phone number.

✉ wren@wyomingrea.org | ☎ [307] 772-1968
 📍 214 W. Lincolnway Ste. 21C Cheyenne, WY 82001
 🌐 wyomingrea.org/wren-submissions

WHAT'S HAPPENING REGIONAL MAP



FEATURED EVENT

COWBOY CARNIVAL



MAY 26 ★ 10:30A ★ HYATTVILLE

Family event with horse races, Calcutta, working dog trials, sharpshooter contest, a history display and lectures, quilt show, book sale, live and silent auctions, pony rides, petting zoo, live music, pie contest and a home-cooked barbecue lunch. Money raised supports the Hyattville Community Center.

\$10 adults, \$5 children,
\$25 immediate family, includes lunch

INFO 307-431-8690 | WWW.HYATTVILLE.ORG

NORTHWEST

01 | SOUTHEAST

CHUGWATER

JUNE 15

Chugwater Chili Cookoff: World-class chili cooking and tasting, live music, ranch rodeo, art show, car/tractor show, games and vendors at this family event. Info 307-715-9518.

ONGOING

Live Music: Acoustic jam session Thursdays, live music Fridays and Saturdays. Stampede Saloon & Eatery, free, info 307-422-3200.

CENTENNIAL

ONGOING

Nici Self Museum: Open 12-4p Mon-Thu. Info 307-745-3108.

ENCAMPMENT

JUNE 2

Spur Outfitters Sporting Clays Shoot: 9a, Spur Outfitters, 3224 Unit B Hwy 230, info 307-327-6505, spuroutfitters.com.

JUNE 15-16

Encampment Woodchoppers Jamboree and Rodeo:

Parade at 9a Sat, Lumberjack championships, rodeo, barbecue lunch. Lions Club Arena, \$10, 12 and under free, info 307-327-5429.

ONGOING

Grand Encampment Museum: Main Gallery and GEM Store open Mon-Fri 10a-4p, info 307-327-5308.

JAY EM

MAY-SEP

Historic Jay Em on the Rawhide: Tours available by appointment only, 307-735-4364 or 307-322-2839.

LARAMIE

JUNE 7-9

Wyoming Writers Conference: Open to members and non-members. University of Wyoming Gateway Center Complex. Info wyowriters.org.

SARATOGA

MAY 25-26

Pig Digger Mud Rally: Mud trucks compete for cash & prizes, camping available. Whistle Pig Saloon/Beaver Liquor. Info whistlepigsaloon.com.

JUNE 12

Denim Pocket Craft: Learn why denim was important to Wyoming. 1p, Saratoga Museum, \$3, advanced registration required 307-326-5511.

JUNE 19

Gema Pearl Concert: Seven-time Grammy nominated vocalist will perform at museum benefit. 7p, Saratoga Museum, \$25, or \$50 for meet-and-greet. Info 307-326-5511.

TORRINGTON

JUNE 20

Vintage Night Third Thursday: Main Street closes to vehicle traffic to make room for vendors and live music. 4-7p, Main Street Torrington, free, info 307-532-3879.

02 | NORTHEAST

CLEARMONT

ONGOING

Historical Center: Center open Thursdays 2-4p, 1250 Front St, free. Historical Group meets 2p first Mondays of the month at Clearmont Library, 1p third Mondays of the month at Sheridan Library, info 307-758-4430.

HULETT

ONGOING

Hulett Museum and Art Gallery: 8a-4p Mon-Fri, free, info 307-467-5292.

LUSK

MAY 23, JUNE 20

Business After Hours: 5-7p, Niobrara County Fairgrounds in May, Lusk Herald in June, free, info 1-800-223-LUSK.

JUNE 19

History of the American Legion Post #1: 6p, Niobrara County Library, free, info 1-800-223-LUSK.

MOORCROFT

ONGOING

Library events: Story hour 10a Wed; Book club 1p third Thursdays and 6p fourth Tuesdays. Info 307-756-3232, moorlibrary@rtconnect.net.

ONGOING

West Texas Trail Museum hours: Mon-Fri 9a-5p. Info 307-756-9300, wttrmndirector@rtconnect.net.

NEWCASTLE

FRIDAYS

Bingo: 7:30p, VFW Hall, free.

SHERIDAN

MAY 31-JUNE 1

Donna Dance Academy Recital: 6p & 8p, WYO Theater, \$21, \$18.50 senior/military/students, info 307-672-9084, wyotheater.com.

JUNE 12-15

Mary Poppins Jr: 7:30p, WYO Theater, \$14, \$12 student, info 307-672-9084, wyotheater.com.

SUNDANCE

JUNE 1

Old Stoney Art Auction: Live music, hors d'oeuvres and drinks at fundraising event. 4p, auction for artwork starts at 5p. Schoolhouse grounds on 4th St. Info 307-281-0568.

ONGOING

Library Events: Story time for toddlers and preschoolers 10:30a Wednesdays; Lunch Bunch book discussion group 11a fourth Thursdays; Quilting @ the Library 6-8p last Mondays. Crook County Library, info 307-283-1006 or crookcountylib@rangeweb.net.

UPTON

MAY 28

Summer Reading Program: Ongoing library program during library hours. 12-5:30p Mon-Fri, Upton Branch Library, info 307-468-2324.

JUNE 13

Chamber Meeting: 12p, Cedar Pines Country Club, info 307-468-2642.

TUESDAYS TO MID-SEPTEMBER

Farmers Market: 5-7p, Old Town, info 307-468-9323.

WEDNESDAYS

All You Can Eat Buffet: Drinks and desserts included, 5-8p, Upton Golf Course, \$10, \$7 seniors, info 307-468-2847.

ONGOING

Indoor Archery: Mon-Sat 5-9p, also 9a-12p Sat, 2741 Hwy 116N, \$10, info 307-468-2506.

WRIGHT

JUNE 21

Taste of Wright: Centennial Museum BBQ fundraiser. Brandon Jones Band will play. 5-10p, Southern Campbell County Ag Complex, \$10, info 307-464-1222, wrightcentennialmuseum@yahoo.com.

BEGINS JUNE 14

Friday Night Rodeos: Events take place at arena south of town, 5649 Hwy. 287/26. 7:30-10p, \$10, \$5 age 5-12, info 307-486-2214, duboiswyoming.org.

JUNE 18

Ramshorn Guest Ranch

Historic Tour: Craig Pine will lead visitors on a tour of the historic Ramshorn Guest Ranch. 10-3p, \$8, advanced registration required, 307-455-2284.

TUESDAYS AFTER JUNE 11

Square Dancing: All ages and dance levels welcome at Dubois tradition since 1948. 8-9:30p Jun 11-Aug 20, Rustic Pine Tavern, \$4, 12 and under \$2, info 307-455-2313.

WEDNESDAYS IN JUNE

Children's Exploration Series:

With a new topic each week, the program begins at 9a at the Dubois Museum and will head

over to the National Bighorn Sheep Center from 10-11a, info 307-455-3429.

ONGOING

Library Activities: Lego Club for grades K-5, 3:30p Tuesdays; Story Time for birth-5 years 10:30a Fridays; and Lego Duplo Club for toddlers and preschoolers 11a Fridays. Dubois Public Library, info 307-455-2992.

ETHETE

MAY 31-JUNE 2

Chief Yellow Calf Feast &

Powwow: Blue Sky Hall, 506 Ethete Rd. Info 307-332-5286, aldene.skypeople@yahoo.com.

FORT WASHAKIE

JUNE 20

Boys and Girls Club Youth

Contest Powwow: Grand entry 7p, 19 Old Wind River Hwy. Info 307-349-8031, easternshoshone.org.

03 | NORTHWEST

DUBOIS

MAY 31-JUNE 2

Packhorse Races: Calcutta at Outlaw Saloon 8a Fri. Packhorse Race 10a Sat. Ladies' Race 10a Sun. Dubois Overlook on McKinley Dr., info 307-455-2556, duboiswyoming.org.

JUNE 5

Whiskey Basin Collaborative

Meeting: Final public meeting focused on local bighorn sheep. 6-9p, Headwaters Conference Center, info 307-455-3429.

BEGINS MAY 29


Dubois Jamz Wednesdays:

Professionals, amateurs and listeners welcome. 6-8p, St. Thomas' Episcopal Church Community Room, free. Info, 407-718-3880, petergottfried@gis1.com.

CHANGEY WILLIAMS
and the Younger Brothers Band

Sponsored by
TRUE OIL COMPANY • KISSACK WATER & OIL • FIRESTEEL WELL SERVICE INC




SATURDAY, JULY 13 | 8 PM | DOWNTOWN MOORCROFT, WY



THANKS TO OUR SPONSORS
THIS FAMILY EVENT IS FREE AND OPEN TO THE PUBLIC

JOIN US FOR 3 DAYS
FULL OF FUN DURING THE
2019 JUBILEE DAYS
CELEBRATING
"PIONEERS OF THE
MOORCROFT OIL PATCH"
JULY 12-14, 2019

FOR A COMPLETE LIST OF EVENTS VISIT
WWW.MOORCROFTCHAMBER.COM

JUBILEE DAYS EVENTS BROUGHT TO YOU BY THE
MOORCROFT AREA CHAMBER OF COMMERCE

HUDSON

JUNE 15

Hudson Daze: Old-fashioned Western games, events, car show, skateboard demos, BBQ and more. 10a-3p, Gold Star Memorial Park, info 307-335-8125, bnicol@wyoming.com.

LANDER

LANDER MAY 31-JUNE 1

Wild Horse & Burro Adoption: Silent bidding 12a-5p Fri, 9a-3p Sat. Wind River Wild Horse Sanctuary, info 866-468-7826, blm.gov/programs/wild-horse-and-burro/adoption-and-sales/events.

JUNE 1

The Rawlins/Ft. Washakie Stage Line/Ferris Mountains: A talk on the history of the stage line between Rawlins and Fremont County. 1p, Pioneer Museum, free, info 307-332-3339.

JUNE 7-8

Brewfest and Golf Tournament: Info 307-332-3892, landerbrewfest.com, landergolfcourse.com.

JUNE 7-JULY 20

The Garden Party Show Reception: 6-8p June 7, show through July 20. Lander Art Center, free, info 307-332-5772, landerartcenter.com.

JUNE 8

Gold Panning Day: Children are invited to pan for gold along Baldwin Creek on the museum grounds. Store your gold in your own bag that you design. 1-2:30p, Pioneer Museum, \$4, limit 15 participants, register in advance 307-332-3339.

JUNE 8

Fremont Area Bicycle Tour: Peddle through colorful vistas before a yoga cool-down at Lander City Park, 6:30a-3p, info 307-332-3394, landercyclingevents.org.

JUNE 13

Carol L. Deering: Poet: Local poet Carol L. Deering will present her first published book of poems. 7p, Pioneer Museum, free, info 307-332-3339.

JUNE 15

Atlantic City Cemetery Trek: Participants will meet at the Pioneer Museum in Lander and take a bus to Atlantic City for the trek. 10-2p, \$8, maximum 25 people, reservations required, 307-332-3339.

MEETEETSE

JUNE 1

Party in the Pasture Rodeo: 2nd rodeo in the Big Horn Rodeo Circuit. Full rodeo including event for kids. 4p, Meeteetse Rodeo grounds. Info 307-868-2454, events@meeteetsewy.com.

JULY 19

Taste of Meeteetse: Taste some of Meeteetse's local cuisine and vote with money as you stroll our local Boardwalk and visit with locals. Proceeds go to local organizations. 4-6p. Info 307-868-2454, events@meeteetsewy.com.

RIVERTON

MAY 25-26

Wyoming Weapons Collectors Memorial Weekend Gun Show: 9a-5p Sat, 9a-3p Sun, Fremont County Fairgrounds, \$5, 12 & under free with an adult, info 307-742-4630.

JUNE 1

Trek to the Tie Treating Plant: Walk along the old railroad tracks down to the location where the rail ties were treated before being shipped out. Bring water and good walking shoes. 9a, Pre-registration is required by calling the Riverton Museum at 307-856-2665.

JUNE 13

Kettle & Crackers: Oil Refineries in Wyoming: Robert King will talk about the History of Wyoming Oil Refineries, 6:30p, Riverton Museum, free, info 307-856-2665.



Send complete
information for the
July issue's
events by
JUNE 10!

Please remember that events
from the 20th of July to the
20th of August are included
in the July issue.

Be sure to include the date,
title, description, time, cost,
location, address and contact
information for each event.

Photos are always welcome.



Look for more events at
wyomingrea.org/news.

QUESTIONS & SUBMISSIONS:

✉ wren@wyomingrea.org

☎ [307] 772-1968

✉ 214 W. Lincolnway
Ste. 21C
Cheyenne, WY 82001

💻 wyomingrea.org/wren-submissions

JUNE 12-15

Indian National Finals Qualifying Rodeos & Northern Arapaho Rodeo: June 12: youth rodeo 10a, team roping/barrel racing 1p. June 13: rodeo slack 1p. June 14-15: rodeo 7p, Fremont County Fairgrounds, info 307-349-1168, fremontcountyfair.org. After hours party at the Wind River Casino, info windriverhotelcasino.com.

TUESDAYS STARTING JUNE 4

Native American Song and Dance: 6-7p, Wind River Hotel & Casino, info windriverhotelcasino.com.

SHOSHONI

JUNE 8

Shoshoni Day: Pancake Breakfast at the Community Room 7-10a, Day in the Park at City Park for the kids 2-4p, Dutch Oven Dinner 5-7p then a Cobbler Cookoff. Dancing with a DJ 7-11p with adult beverages. Info 307-856-1164, shoshoniwychamber.com.

JUNE 8-9

Don Layton Memorial Antique Tractor & Engine Show: Hosted by the Wind River Flywheelers. 9a-5p Sat and until 2p Sun, East Park, free, info 307-856-1164.

THERMOPOLIS

SECOND FRIDAYS

ArtStroll: Stroll on Broadway Street in Historic Downtown Thermopolis. Info 307-864-3002, gatherer@panix.com.

04 | SOUTHWEST

FORT BRIDGER

TUESDAYS

Bingo: 6p, American Legion Hall, info 780-5489.



01



02



03

- 01 | Whaaat?! Hope Farrin, Saratoga
- 02 | Mule Bucks on a frosty morning, Maggie Heller, Lander
- 03 | Mule deer fawn, Clyde Chapman, Lander
- 04 | Hunting season is over, Robert Theobald, Pine Bluffs
- 05 | Just east of Wyodak, Sheri DeRoos, Rozet
- 06 | Frosty cuteness, Sandy Pokorney, Gillette

04



05



06

JUST PICTURE IT

★ See more reader photos at wyomingrea.org/wren-magazine/just-picture-it.

THIS MONTH:

DEER



JUL (DUE JUN 10):

CONSTRUCTION



AUG (DUE JUL 10):

PRAIRIE



07



08



09

- 07** | Be still, Bonnie Stahla, Sundance
- 08** | The fawn, Baylie Booth, Veteran
- 09** | The big boys in velvet, Carol Dewey, Carlile
- 10** | You've seen a selfie, have you ever seen a deerie? Leif Erickson, Centennial
- 11** | Peeping Tom, Tamara Filcaske, Gillette
- 12** | Looking for shade on a hot summer day, John Hale, Lander



10



11



12



✉ wren@wyomingrea.org
 ✉ 214 W. Lincolnway Ste. 21C Cheyenne, WY 82001
 💬 wyomingrea.org/wren-submissions

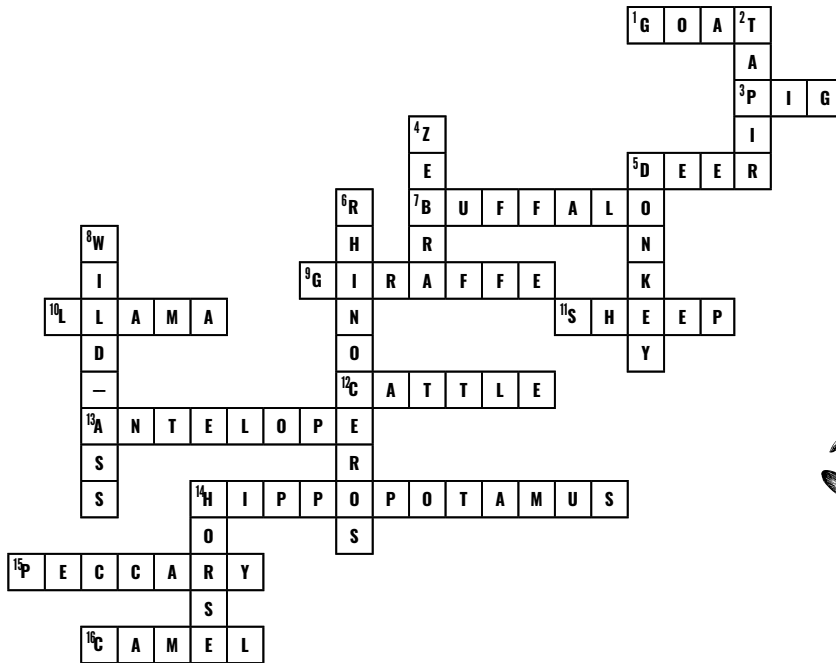
Please include your name, hometown and a title.

Please submit high-quality digital files* or an original we can scan, as well as details about the artwork, the artist's name, and the co-op. *Use the highest quality setting on your camera, or save digital artwork as a .jpg or .tif file with at least 300 dpi resolution. Don't use Kodak Easy Share®.

If you would like your work returned, please include a self-addressed, stamped envelope.

ON THE HOOF

FROM PAGE 24



ANSWERS

DOWN: Odd-toed

2. Tapir
4. Zebra
5. Donkey
6. Rhinoceros
8. Wild Ass
14. Horse

ACROSS: Even-toed

1. Goat
3. Pig
5. Deer
7. Buffalo
9. Giraffe
10. Llama
11. Sheep
12. Cattle
13. Antelope
14. Hippopotamus
15. Peccary
16. Camel





protect what matters

looks like
mother nature
finally met her match.

DIY KIT 30 x 36
Starting at **\$8,559**





Check out our new 3D designer on our website!

CALL NOW
FOR CURRENT SPECIALS
800-825-0316

Visit our website at
WorldwideSteelBuildings.com
for more information.



ONE-CALL OF WYOMING


**Know what's below.
Call before you dig.**


Call 2 business days before you dig.
It's fast, it's free, and it's the law!

811 or 1-800-849-2476

**Look twice.
Save a life.**

**Watch for
motorcyclists.**





A large-scale center pivot irrigation system is shown in a field at sunset. The long metal arm of the system stretches across the frame, supported by a series of vertical wheels. The sun is low on the horizon, creating a warm, golden glow that silhouettes the structure. The foreground is filled with tall, dry grass, and the background shows a line of trees under a cloudy sky.

ENLIGHTEN US

AC

“

He was a teacher and a mentor. He gave me assignments, and I'd do my best to fulfill them. Sometimes things went pretty well. Other times, not so much.

BY WALT GASSON

F

called me other night, out of the clear blue. We hadn't talked in a decade, not since his wife passed. I should have called him long ago. I kept meaning to stop by his place east of Pavillion. I wanted to tell him how much my time with him there had meant to me and what a good man I thought he was. I wanted to tell him how much being there with him and Shirley had meant to me and to my family. I wanted to tell him how much I appreciated him being willing to give me a shot at a career. I wanted to thank him for being my friend.

But it always seemed like I was passing through at an inconvenient time – early morning or late at night – and I didn't want to bother him. I was afraid I wouldn't know what to say, or maybe I'd say what was in my heart and it'd come out all wrong. But there in my living room, I picked up the phone and I heard his voice and 40 years melted away like it was nothing.

He hired me in 1976, pretty much sight unseen, based on the recommendation of a friend. When I think back on starting out there at Ocean Lake with Ace, I'm reminded of the lyrics of the old Ian Tyson song:

Walt Gasson with his wife, Kim and daughter Jenny in 1977.

"When I first hired on at the old Double Diamond, I was a ... poor excuse for a man."

I expect I was indeed. But he didn't hold it against me. He was a teacher and a mentor. He gave me assignments, and I'd do my best to fulfill them. Sometimes things went pretty well. Other times, not so much.

I tell my grandkids about the day when he went into town to pay for a \$50,000 center pivot irrigation system. We'd been preparing the area for months, working like beavers to clear the brush and get it ready for the center pivot. It was a tight fit because of the cottonwood trees on the south side of the field. But Ace was a man on a mission and we worked from dawn to dark. We got the field all ready

to go, helped the contractor install the pivot and got the water to it. He left me in charge and took off to pay for it. We worked through the morning while he was gone, and all was well. But then when I went to check on it at lunchtime, the last two towers of the pivot were wrapped around a cottonwood tree. There were bent pipes and water gushing everywhere.

I was pretty sure I was going to be fired on the spot. But when he came back, he just took one look at it and said, "It's OK kid. Stuff happens." He never said another word about it. He cared about me more than he cared about that pivot.



I like to think that those early experiences had a lot to do with shaping me and teaching me about what was really important. Doing the right thing is important. Getting the job done right is important. Being honest and working hard is important. But people – they're the most important thing of all.

Thanks, Ace. **W**

Walt Gasson is a fourth-generation Wyoming native and the director of endorsed businesses for Trout Unlimited.

CATEGORIES

01. EQUIPMENT
02. FOR SALE
03. HORSES
04. LIVESTOCK
05. POULTRY
06. REAL ESTATE
07. WANTED
08. CRAFTS
09. OPPORTUNITIES
10. MISCELLANEOUS
11. BUSINESS CONSULTING
12. FOR RENT
13. HELP WANTED
14. DOGS
15. EMPLOYMENT SOUGHT
16. BUILDING SUPPLIES
17. TRAVEL & RECREATION
18. HEALTH
19. PERSONAL
20. FREE

01|EQUIPMENT

Antique Tractors. Farmall F20, A, Super A, B, BN, Cub, Super C, IH Cub Loboy, Gibson D & John Deere H 307-755-4250.

Antique Tractors for Sale. 1949 John Deere MC Crawler, 44 Massey Harris, many more. Call 307-742-7370.

02|FOR SALE

New & Used Coal Stokers, parts, service & advice. Available for most makes. Thanks. 307-754-3757.

Shaver Outdoor Wood Boiler Furnace.

Aermotor Windmills and parts, cylinders, pipe, rod, submersible pumps, motors, control boxes, Hastings 12 ga. bottomless stock tanks and more. Herren Bros., Box 187, Harrison NE. 1-308-668-2582.

Surplus Equipment New and Used:

Generators, air heaters, engine driven pumps, (all sizes), solar pumps, 3" and 4" polypipe, etc. A variety of types and sizes available. Call for pricing and details: Premier PowerPlants & Pumps, Farson, WY 307-273-9591.

07|WANTED

Antique Collector Looking For Oil Company Gas Pumps, Globes And Signs. Will pay fair market value! Also looking for general antiques for our antique shop. Please go to our website FrontierAutoMuseum.com. Located in Gillette WY, our passion is to preserve Wyoming history and the nostalgia of the past, especially Parco, Sinclair, Frontier, Husky and any car dealership along with all brands. We are also always looking for WY license plates and WY highway signs and State Park signs. Please call Jeff Wandler 307-680-8647 jwandler@LNH.net or daughter Briana Brewer 307-660-2402 bbrewer@frontierauto.net.

Want to purchase minerals & other oil/gas interests. Send details to: PO Box 13557, Denver, CO 80201.

We Pay Cash For Mineral & Oil/Gas Interests producing & non-producing. 800-733-8122.

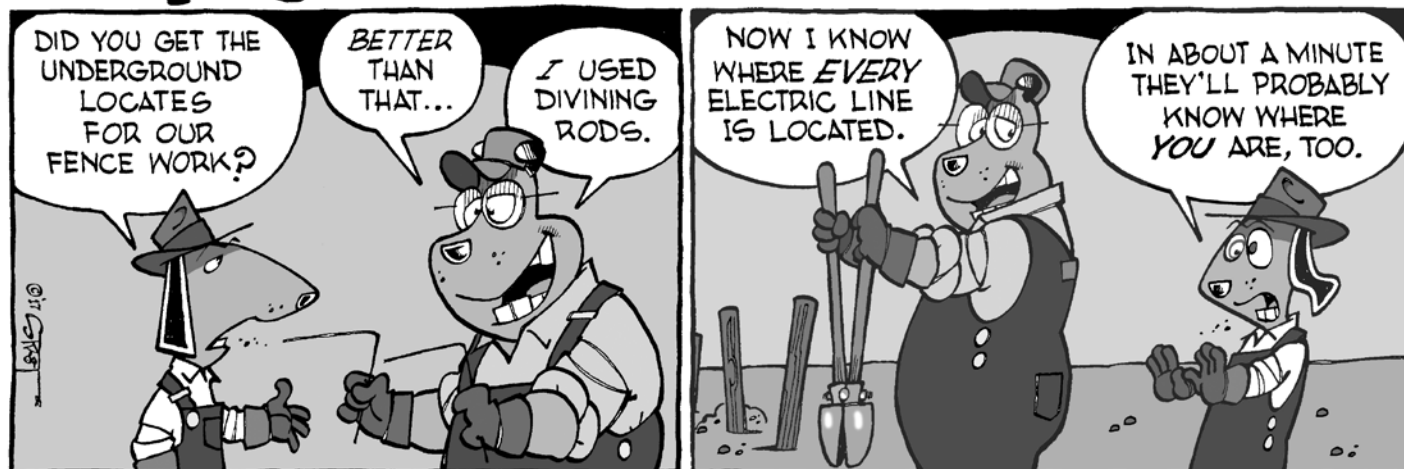
09|OPPORTUNITIES

Want to work from home? We are a legitimate work from home company. Call or email Karen at 307-222-4403 or Karen@fpc-1.com. No sales, no risk, no inventory. Your life, your dreams, your business. Website: livetotalwellness.com/karenhippe.

20|FREE

Soon Church/Government uniting, suppressing "Religious Liberty" enforcing "National Sunday Law." Be Informed! Needing Mailing address. TSBM Box 99, Lenoir City, TN 37771, thebiblesaysytruth@yahoo.com, 1-888-211-1715.

Murphy



Introducing the “Just My Height™” Adjustable Bed...

A Recliner for The Bedroom

NEW!

Includes
FREE Mattress
a \$500 value
for twin

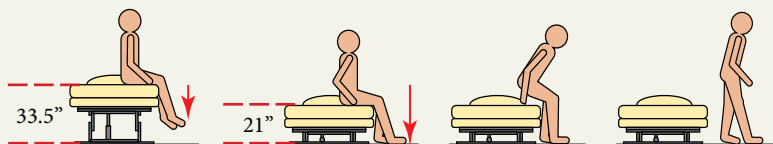


Sit-up, Lie down or anywhere in-between with just the touch of a button--- for the most comfortable, restful night's sleep you've ever experienced.

Plus, it can be raised, or lowered(also with the touch of a button) to allow you to easily and safely enter and exit the bed.

Lately there has been a lot of press about the many benefits of a good night's sleep. When you wake up rested, everything from your memory and focus to your diet and stress levels can improve. Some even believe it can help you live longer. Unfortunately, many older Americans have to choose between comfort and safety in a bed. If it's too high or too low, getting in and out of bed (particularly in the middle of the night) can be dangerous. Hospital type beds feature adjustable heights and railings, but they are hardly comfortable. Now, thanks to innovative design and superior engineering, you get the best of both. Plus, with an **infinite number of positions** controlled by remote control, you can pick a custom position for sleeping, reading, watching TV or just relaxing with your feet up! It looks just like a regular bed... not institutional, and the free mattress is luxurious and super comfortable.

Considering we spend (or should spend!) a third of our life sleeping, why spend another restless night or risk injury getting in and out of bed? Call now and find out more. Call today!



This height-adjustable bed raises or lowers to a level that makes it easier to glide into or out of bed—even when transferring from a wheelchair, rollator or walker. When you're ready to get up, you adjust the bed height with the remote control until you can place both feet firmly on the floor. What a great aid to safety and independence! The bed height(measured from the top of the mattress) adjusts from 33.5 inches down to 21 inches and anywhere in between.

Because this is a bedding product, we only accept returns if damaged or defective.

Call now
to find out how you can get the
“Just My Height™”
Adjustable Bed

Please mention code 110799
call toll free for our lowest price

1-888-741-1987

© 2019 firstSTREET for Boomers and Beyond, Inc.

82906

ACTIVE PLAY FOR YOUR CHILD'S STRONG & HEALTHY **BODY & MIND**

Movement, dance, and active play can support your child's growing physical awareness and excitement about the world, as well as stimulate their overall development.



Physical Development

Children learn about their bodies and grow strong by moving.



Intellectual Development

Physical activities help children learn problem-solving skills as they try different actions.



Communication

Children first learn to communicate using movements, like facial expressions and pointing.



Self-confidence

With each new physical accomplishment, a child's skills, strength, and sense of mastery grows.



Strong Relationships

Relationships with people we love are nurtured through our experiences with them. Active play helps you learn important details about the unique way your child moves and prefers to be touched, and your child learns about how you feel, sound, and move. Sharing in your child's joy of movement helps you build a close bond!

GET MOVING WITH YOUR KIDS!

For fun, age-based activities
to do together, visit:

wyqualitycounts.org/wren



WY
quality
counts
.org

WY Quality Counts, housed in the Department of Workforce Services, helps Wyoming parents and child care providers identify and create quality learning experience for children, thanks to the funding of the Wyoming Legislature.



All WY Quality Counts activities are supported by the Wyoming Early Learning Foundations and Guidelines, as well as the Domains of Development, which include:

COMMUNICATION

SENSE OF SELF & RELATIONSHIPS

CURIOUS MINDS

STRONG & HEALTHY BODIES